

# MANDALS-RUNDA

**Start: Shell-Ekspress-petrolstation Mandal** Brugata 3b. Open **Kl.06:30 til 23:00** weekdays and 08:30 til 23:00 sunday. Her is Startkard and her you wrote your name in green startprotocoll befor trip. You vill find 2-4 controls **You write these on your start card as well as your name – adress. The walk is recomended wi daylight as part of it goes through a wood. The 6km track is available for prams / wheelchairs as it is mainly lighten.**



Leave to left, to centrum, cross the bridge and turn left along river and follow Mandals-river to right. After about 350m. passing bakery and possibility to cater. After fih-marked passing turn left into **"Kastellgt"**.(900m.) Continue the road strigt on, cross P-area at "Mandal Tilbudcenter" and left pass "Elektrosenteret" in road "Frithjof Nansensvei". Continue to **"Piren"**, Mandal river`s ending with **"Sjøsanden"** beach,(1,5km). Follow the road to right with beach and after "Sjøstjerna kro" turn right, passing port to "Sjøsanden Kamping/Feriesenter".

Take to left to **"Risøbank"**. With Risøbank building inleft side, turn to right. **(SK.1)** Continue and cross asphalt road,(3,470km) and follow light-trial until small little park, (Lysthuset) in left side. (4,2km)

## Trial splitt:

	<b>6 Km</b> continu to P-area. Turn right into Kallhammerveien and continue strigt on swimming pool. Turn right and left again and walk trough a small park. You turn right and you will have stonwall on your left <b>(SK.2)</b> and schol on right side. 1.road to left and continue, walk-road and to left when you are back to the river and over bridge to Shell-Ekspress. 6,0km.

**10 Km** follow lighted-trial svinging left through the park and walk straight ahead to the first path crossing. Turn right to asphaltroad (10m) and turn left into (Kallhammeren) Follow the road to ending and to right into "Olav Isaachsensgate". Follow this road and walk to left into **"Parkvesenet"**(5km) and follow this road **(SK.2)** passing fotballarea and to left before clubhaouse of "Mandals Kammeratene". With "Båtservice Holdning" left side passing, walk to left in "Laurits Nilsensgate" and turn left in "Buråsveien". Follow sidewalk to bridge. (Skjebstadbridge over **Smalsund**,(6,070 km)) Djust before bridge turn right, cross the road and follow a small path between lake and houses. Follow this path to ski-jump **"Budokka"**, (6,97km).

Continue out end of ski-jump ,follow path untill Budokka swimming-arena. (WC on right side), Walk up hill and turn right and then left at "Mandal Bilrekvisita". 10m.befor roadbridge cross E-39, turn right and crossing the road, inn footpath **(SK.3)**. (7,610km). Next footpath to left sign "Frøysland". Continue and cross road, follow new footpath to **"Solhøgda."** **(SK.4)** Just after "Solhøgdav."nr.37, (8,550km) turn right and up a small stairs and walk down **"Ramsdalstien"**.

Down with road again turn right follow the road and passing Norway`s biggest woodkirch. Continue with kirchwall untill P-area for kirch,(9,015km).Turn left and stright down, cross road and upp **"Nordgata"** to end, cross over road "Brobakken" and down **"Amaldus Nilsensgt."** With ending cross over main street and cross citybridge. You can also walk down, under the bridge upp to "Amfi-senteret" Her in with " BergHansen Ferie" Her you can stamp your IVV-cards during day-time.

Over bridg you can see finish, **Shell Ekspress**,(9,615km).

We hope you have a nice trip! Welcome back!  
Greatest from **Mandal MarsjForening**, Postboks 287, N-4503 Mandal

You can walk 1–5 trip on this card befor you stempel.

**REMEMBER: Write DATE and start nr !**

Your startnr in start-protokoll:	Your startnr in start-protokoll:	Your startnr in start-protokoll:	Your startnr in start-protokoll:	Your startnr in start-protokoll:
<b>DATE:</b> _/_-_-	<b>DATE:</b> _/_-_-	<b>DATE:</b> _/_-_-	<b>DATE:</b> _/_-_-	<b>DATE:</b> _/_-_-
Write code:	Write code:	Write code:	Write code:	Write code:
1.....	1.....	1.....	1.....	1.....
2.....	2.....	2.....	2.....	2.....
3.....	3.....	3.....	3.....	3.....
4.....	4.....	4.....	4.....	4.....
finish kl__:_	finish kl__:_	finish kl__:_	finish kl__:_	finish kl__:_
____Km	____Km	____Km	____Km	____Km
walk for	walk for	walk for	walk for	walk for
____.trip	____.Gang	____.Gang	____.Gang	____.Gang

**IVV-stempling:**  
After walking, you can stempel IVV-card on :  
**Aurebekksveien 20, N-4516 Mandal. (24t)**  
Tourist can also call: Rune Stausland 38 26 04 95 Mob. **97750799**

Write! Remember **DATE** and **STARTnr.** !

**Name:**.....

**Adresse:**.....

**City.nr**..... **City:**.....

Country .....

Price:

Premiering  
Bare IVV kr 15,-

Betalas ved IVV-stempling

D \_\_\_\_\_ / \_\_\_\_\_ - \_\_\_\_\_

Premie nr.utlevert:

**Welcome back to a new tripp!**

# MANDALS-RUNDA

6/10km town.  
**Walk in  
Mandal**



## Startkard & Track description



Member nr. 13 of  
Norges TurmarsjForbund – and  
Det Internasjonale FolkesportForbund - IVV



### SHELL EKSPRESS

Brugt.3b  
Mandal

#### Hotell / Camping in Mandal:

Kjøbmannsgården	38261276
Mones Feriesenter	38264900
Sandes Naturcamp	38265151
Sjøsanden Feriesenter	38261094
Sjøsanden Ferietun	38266037
Tregde Feriesenter	38268800
Hytte – Skeie	38267420
Hytte/Leilighet - Vetnes	38268293/ 99242255

Will you test **PV11, Mandals-Syklinga** ???  
12,5 eller 25km  
another IVV-PV stempel!

Startcard widt **Shell Ekspres!**

Another Walking ? :

<http://vandrevenner.com>

and

<http://turmarsjforbundet.no>

